

# 2020 Year End Review

Please look over this past year and take some time to really reflect on what 2020 has meant for you.



*Wins.* What accomplishments are you most proud of this year?

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*Challenges.* What didn't go as well as you expected? Why do you think it didn't go well?

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*Tolerating.* What have you tolerated this past year?

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*Stress.* What areas of your life and/or business caused you to feel stressed this past year?

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*Gratitude.* What are you the most grateful for?

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*Bliss.* What areas of your life made you happy?

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*Stay Tuned..*

Our newest Goal sheet will be coming out in the next couple weeks. So please look for an email from Sophie@Awakenwpb.com with the link to download your worksheet!